

Hello Members!

Welcome back. We are OPEN for business as of 12:00am on May 1, 2020. Read on for more information.

WE TRULY HAVE MISSED YOU ALL AND HOPE YOU'RE WELL! Our primary concern is and has always been the health and well-being of your family and the community, which is why we are so eager to provide you with the best facilities to improve your strength, health and attitude. Now more than ever, we have learned as a society that exercise, diet and physical fitness is something absolutely critical to health, and greatly assists your ability to have a strong immune system. We believe exercise is and will always be the best form of medicine for the body. The health of the individual (you) is something greatly under your control and we are so grateful and happy to serve you now more than ever. We Build Stronger People. That's our trademark and our members are proof.

From the CEO:

The last few months have undoubtedly been some of the hardest in all of our lives. We have essentially been under house arrest, individuals and businesses have seen the trampling of their constitutional rights, people have been psychologically terrorized by the news, and politicians have been dispensing misleading information, half-truths and headlines intended to cause panic. Citizens have been encouraged by politicians to call the police on people they "suspect are violating the stay at home orders." People just trying to live their lives are being shamed for going outside to get sunlight and exercise. Business owners have been called "killers" for trying to provide for their employees and families. Today, we aim to make sure these violations of our humanity never happen again.

No city, county, or state official has the power to cancel the Constitution and the Bill of Rights of the United States.

- A county health official has the power to *quarantine a provably sick person.*
- The State cannot quarantine healthy persons.
- It also cannot violate the Fifth Amendment to shutter a business without just compensation, nor deprive a person of life, liberty or property without due process of law.
- The burden of proof is always on the state.

We kindly and firmly suggest any State official, law enforcement, or other government agency take notice:

It has already been settled by the Supreme Court in 2019 in the *Knick v. Township of Scott, Pennsylvania* that the State is in violation of the Fifth Amendment if it seizes or shutters a business for "public good", without just compensation.

The Constitution does not have an "on and off" switch. We simply ask that you respect the law of the land. *We have consulted attorneys and are ready and prepared to file suit in federal court should any agency attempt to violate our ability to conduct commerce, or*

restrict the ability of our members and employees to work and exercise unencumbered by draconian restrictions imposed by the State or county agencies. We have included our company policy changes in an accompanying document which will be posted and sent out to our clients.

Fitness System has complied with state and county orders by keeping the clubs closed through April 30. Though the economic toll has been harsh, Fitness System is a strong company, just like we have been for decades. We believe in savings and financial discipline which is why we were able to remodel and deep clean the clubs during the “quarantine”. **We did not have to lay any staff off and we are fully ready to service the community, with our best health clubs and staff to date.** We also have strong relationships with our landlords and we do not carry large debt. We believe that businesses need profits, not loans, so we have not asked for any government funds, only that it fulfills its obligation to its citizens by protecting our liberties and our property.

During this period of quarantine, we were able to improve many areas of the clubs for you! Here is what we were able to accomplish:

LODI

- Replaced cables on machines
- Hot-washed and disinfected all pieces of equipment, cardio, accessories and attachments
- Lubed all machines
- Touched up all paint & trims in all rooms
- Painted all doors
- Sanitized and disinfected all items in childcare
- Drywall patched in basketball court
- Repaired cracked tiles and grout in locker rooms
- Childcare redesigned and painted
- Basketball court redesigned and painted; lines repainted and floor sealed
- Floors detailed

WEST SAC

- Touched up all paint in all rooms
- Painted all doors & trims
- Revamped back cross training room with new flags and art
- Fixed spin bikes with outstanding issues
- Replaced broken mirrors
- Scrubbed, vacuumed, disinfected and mopped all floors, including under cardio machines
- Hot-washed and disinfected all pieces of equipment, cardio, accessories and attachments
- Lubed all machines
- New hand dryer in childcare bathroom

- Replaced 16 light fixtures
- Replaced damaged cables on machines
- Torn upholstery fixed
- Carpets and mirrors professionally cleaned
- Sanitized and disinfected all items in childcare
- Fans, air supply lines and vents vacuumed, dusted and wiped
- New artwork all over club
- Drywall patches in cross training room
- Deep cleaning of all cardio machines
- Resealed aerobics floor

LAND PARK

- Hot-washed and disinfected all pieces of equipment, cardio, accessories and attachments
- Replaced damaged cables on machines
- Touched up all paint in all rooms & painted trims
- Painted all doors
- Sanitized and disinfected all items in childcare
- Upgraded security system

Once we are open publicly, and to make up for the month of March in which we were closed for two weeks, as a continuing member, you'll be eligible for:

- A FREE One Month Pass to give to a Friend (a \$65 value!)
- If you need help during these strenuous times, we will allow EFT Primary Members to add one person onto your monthly membership for **FREE** for a period of 6 months. We know the economic toll the crisis has created; we want to you continue to improve your health and fitness, and invite others to do the same, without hurting your pocketbook. This will allow you to essentially reduce the price per member on your account, by adding someone on for free for 6 months. (*Prepaid Memberships and Previous Members are not valid for this offer.)

Thank you for your continued support. We truly are grateful for all those who prepaid their memberships, sent us letters of support and encouragement. We appreciate you supporting local business. We appreciate you believing that you are capable of taking care of your own body and health. We appreciate you spending some of your lives getting stronger with us. We love you.